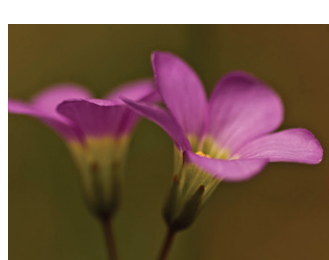


# The Hidden World of Macro Photography

## Introduction

### Lesson 1



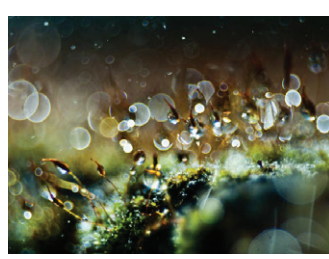
## PART 1

### *The Power of Your Equipment*

1. Close-up Filters
2. Extension Tubes
3. Teleconverters
4. Reversing Rings
5. Macro Lenses
6. Useful Accessories
7. Other Lenses

Exercise Your Creativity

### Lesson 2



## PART 2

### *The Art of Seeing*

1. The Difference between Looking and Seeing
2. Seeing Beyond the Subject
3. The Art of Observation
4. Long Term Project
5. Conclusion

Exercise Your Creativity

### Lesson 3



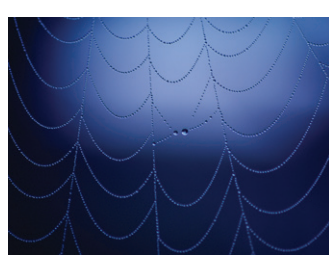
## PART 3

### *Back to Basics*

1. The Exposure Triangle
2. Setting Exposure
3. Exposure Modes
4. Metering Modes
5. Depth-of-Field Preview
6. White Balance

Exercise Your Creativity

### Lesson 4



## PART 4

### *The Magic of Depth of Field*

1. What is Depth of Field?
2. Depth of Field
3. Understanding Aperture
4. Bokeh and Aperture Shape
5. Bokeh
6. Four Ways of Using Depth of Field to create Interesting Compositions
7. The Importance of Background
8. Background Blur
9. The Relationship between your Object and its Background
10. Things to Consider about Background
11. Conclusion
12. Focus
13. Angle of View
14. Focus Stacking
15. Conclusion

Exercise Your Creativity

### Lesson 5



## PART 5

### *The Magic of Light*

1. Light
2. The Characteristics of Light
3. Quality of Light - Hard Light and Soft Light
4. Direction of Light
5. Front Lighting
6. Side Lighting
7. Backlighting
8. Top Light
9. Reflected Light
10. Dappled Sunlight
11. Special Effects
12. Chromatic aberration
13. Conclusion

Exercise Your Creativity

### Bonus Lesson



## PART 6

### *The Magic of Colour*

1. Colour Wheel
2. Colour Relationship
3. Complementary Colours
4. Analogous or Harmonic Colours
5. Monochromatic Colours
6. Warm and Cool Colours
7. Colour Contrasts
8. Conclusion
9. The Power of Colour
10. Red
11. Blue
12. Yellow
13. Green

Exercise Your Creativity

### Lesson 4



## PART 7

### *The Power of Composition*

1. Composition
2. Exploring Composition
3. Horizontal or Vertical?
4. Steering the Viewer's Gaze
5. Golden Ratio and the Rule of Thirds
6. Visual Balance
7. Tension
8. Focal Point
9. Contrast
10. Simplicity
11. Common Mistakes

Exercise Your Creativity

### Lesson 5



## PART 8

### *Creative Techniques*

1. Take Your Shots to the Next Level
2. Creative Techniques
3. Watercolour Washes
4. Selective Focus
5. Using Selective Focus for Artistic Expression
6. Perspective
7. Defocussing
8. Blur Contra Sharpness
9. Water Droplets
10. Vantage Point
11. Looking for Faces
12. Bokeh
13. Mirror Lens Effect
14. Special Effect - Rain
15. White Balance
16. Multiple Exposures
17. Multiple Exposures 2
18. Zoom Burst
19. Multiple Exposure and Zoom
20. Multiple Exposures in Post-processing Software
21. Multiple Exposure like Effect
22. Using a Slow Shutter Speed
23. Shape and Form
24. Pattern and Texture
25. Compose a Graphic Image
26. Spider Webs
27. Insects
28. Honey/Sugar
29. Snails/Slugs
30. Framing the Subject
31. Include the Environment
32. Plants in the Meadow
33. Finding Beauty in Chaos
34. Freeze a Flower
35. Abstraction
36. The Blurred Abstraction
37. Oil and Water Abstract
38. Play with a frame
39. Vaseline Technique
40. Explore a Subject with Multiple Pictures
41. Wind

Exercise Your Creativity

### Bonus Lesson



## PART 9

### *How to Boost Your Creativity*

1. How to Boost Your Creativity
2. Get Out of Your Comfort Zone
3. Shoot From the Heart
4. Imitate Your Role Models
5. Learning to "Read" a Photo
6. How to Find and Use Sources of Inspiration
7. Developing Your Own Visual Style
8. Pre-Visualize the Result
9. Don't Be Afraid to Experiment
10. Final Note